



High School Spring Clean-Up Camp

These camps are designed to provide high school players another opportunity for a serious workout once a week. We intend these workouts to be supplemental to your AAU practices or Spring Sports schedules. **We will work on ball-handling, shooting form, footwork, and various moves to the basket.**

DATES AND TIMES:

APPLE VALLEY

Wednesday's: April 6, 13, 20 & 27, May 4, 11, 18 & 25

Girls: (current grade) 8th-12th, 6:30-8 p.m.

Boys: (current grade) 8th-12th, 8-9:30 p.m.

PLYMOUTH

Monday's: April 4, 11, 18 & 25, May 2, 9, 16 & 23

Girls: (current grade) 8th -12th, 6:30-8 p.m.

Boys: (current grade) 8th-12th, 8-9:30 p.m.

TO REGISTER:

E-mail us at bdammann@frontiernet.net with the following info:

1. Athletes name
2. Athletes grade
3. High school
4. Phone number
5. Location

- Registration taken on a first come first serve basis.
- **Cost is \$120.00** (that includes all of the sessions). Must be prepaid. Non-refundable without a 14 day cancellation notice.
- *Space is limited so sign up early.*



For more information call 952.898.9626 from 10:30 a.m. to 7:30 p.m. or visit us at www.mnschoolbball.com

PLYMOUTH

2530 Xenium Lane North, Plymouth, MN 55441-3627
(Next to Acceleration NW and across from Red Robin.)

APPLE VALLEY

5708 Upper 147th St., Suite 110, Apple Valley, MN 55124

